



HAPPY VALENTINE'S DAY



January 10 Speaker

Story: Bob Kearns
Picture: Carole Elliott

Dr. Alban Merezpeza, who is the chiropractor for the Albanian National Athletic team, related his experience from within the Olympic Village. It takes six years to build, has a vibrant lifespan of eight weeks after which it provides low cost housing and world class sporting venues for the next generation. The Village transcends all politics and war but sadly not terrorism. American flags are not flown visibly to the outside and the Israeli team has security within the Village.

The elite athletes who train for years to represent their country at the Olympics are surrounded by a team of specialists to make sure they are ready to perform at their peak for the event. We have to remember though that we only see the joy of the top three who make the podium, the other seven who make up the top ten were often out of the running by mere seconds. Alban advises us all to attend the Olympics when we can.



Dr. Alban Merezpeza with Elsie Board

Your Probud Calendar

Feb 14	Probud Meeting at the Town Park Recreation Centre at 9:30 a.m. Speaker will be Pauline Carrick who will share her experiences working in a refugee camp in West Africa.
Feb 19	Euchre at the Ruth Clarke Centre. 1:30 p.m. (Garry Curtis: 905.885.5304)
Feb 26	Pub Night. 6 p.m. at The Beamish. (George Grimes: 905.885.1594)
Feb 28	Probud Meeting at the Town Park Recreation Centre at 9:30 a.m. Dennis Gazarek will speak to us about his book "What is Involved in Writing a Book".
Feb 28	Lunch Bunch at Arthur's Restaurant at the Best Western in Cobourg. See sign up table.
Mar 4	Bowling at the North Shore Lanes in Cobourg at 1:30 p.m. (Bryan & Georgina Rose: 905.797.3415)
Mar 5	Euchre at the Ruth Clarke Centre. 1:30 p.m. (Garry Curtis: 905.885.5304)
Mar 7	Apps & Drinks. 2:00 p.m. to 6:00 p.m. Eric & Jan Blaikie's. 48 Jarvis Drive, Port Hope. Limit 30.
Mar 14	Probud Meeting at the Town Park Recreation Centre at 9:30 a.m. Speaker: Jean Graham will give a presentation about Guide Dogs.
Mar 19	Euchre at the Ruth Clarke Centre. 1:30 p.m. (Garry Curtis: 905.885.5304)
Apr 21	Herongate Dinner Theatre. "Self Help" a comedy by Norm Foster. Dining Room opens at noon, show at 2 p.m. Cost: \$54 per person for dinner and show including tax. Detailed information in brochure at sign up table. Sign up and pay by cheque only no later than Feb 14. Don't forget your cheque book!



COMMUNITY CARE IN NORTHUMBERLAND COUNTY

Story: Susan Gaudion

Picture: Carole Elliott

At our January 24 meeting Sherry Gibson spoke to us about the services provided by Community Care Northumberland. She is the Program Coordinator in the Port Hope office and also in charge of volunteer development and special projects.

Community Care was started in 1986 and was originally called Port Hope and Hope Township Senior Services. At present there are 1000 volunteers in Northumberland County and approximately 100 in Port Hope. Their mission is to enable clients to experience a higher quality of life by strengthening their connections with the community.

Volunteerism increases the ability to care for one another so that all individuals are able to receive the support they need and are inspired to give back. Between April and December 2012 volunteers drove 126,000 KM, put in 11,105 hours and served 650 people in Port Hope. Vans with wheelchair ramps were purchased in the last few years and provide more flexibility for transporting physically challenged clients. Funding is from both the LHIN (Local Health Integration Network) and fund raising. Occasionally there is a bequest from a will and clients pay a portion of the cost of the services. There is also a partnership with the Community Care Access Centre that provides professional services. Examples of services provided are: Caregiver Support and Respite Service, Diners Club, Friendly Visiting, Home Help/Home Maintenance, Hospice, Telephone Security Checks and Transportation.

Northumberland County residents interested in accessing any service should contact their local office directly to register and no referral is needed but some program fees may apply. The Port Hope Community Care Northumberland office phone number is 905-885-9860.



Sherry Gibson

APPS & DRINKS AT THE CHADWICKS

Gail and Gary Chadwick hosted this month's Appies & Drinks event at their lovely home on February 6. As always, the variety of delicious food was wonderful.



George Grimes and Lorna Turner



Gary Chadwick, Willy Jakobi, Bruce Britton and Eric Blaikie



Gail Chadwick, Lynda Britton and Joan O'Grady



ANNUAL BOWLING TOURNAMENT



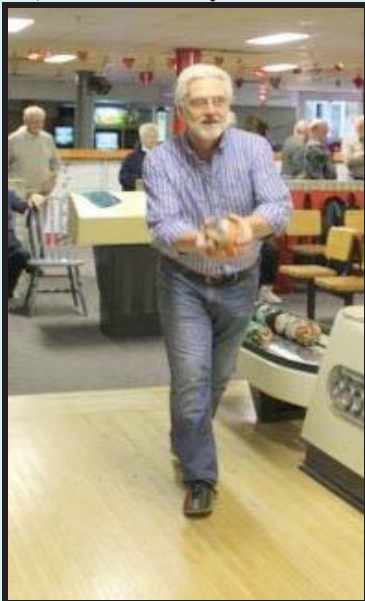
Five Probus clubs participated in the Annual Bowling Tournament on Monday February 11th at the Northshore Lanes in Cobourg. Our club did very well coming in third overall. First place went to the Cobourg Club and the Colborne Club won the famous toilet seat so our President doesn't need to make space in his house for any trophies this year! Ray Williams was our big winner with the prize for Highest Single Score as well as winning a Share-The-Wealth prize. Congratulations Ray! Wilson Gaudion also won a Share-The-Wealth prize and Sharon Rathbone won a "mystery prize" which looked mysteriously like a bottle of wine.

A lovely roast beef lunch was enjoyed after the tournament at the Cobourg Lions Club.

Thanks to everyone who participated and congratulations to the winners. A special thank you to Bryan and Georgina Rose for their part in organizing the tournament as well as running the bowling during the year.



One of our teams: Sharon Rathbone, Eunice Hogg, Ray Williams, Garnett Birney and Diane Haynes



Bruce Britton – getting ready for one of his many strikes

Thanks to Steve Snell and Garry Curtis for photos



Diane Haynes – getting a strike is easy!



Our cheering section: Gail Chadwick, Lynda Britton and Lois Meadows



Another team: Bruce Britton, Georgina Rose, Lorna Turner, Wilson Gaudion and Verne Meadows

LUNCH BUNCH AT HARRY'S

Many thanks to Carol Patterson and Anthony Skinner for organizing the Lunch Bunch at Harry's Little City of Bricks after our January 24 meeting.



Willy & Rosalie Jakobi and Felicity & John King – What's that in the glass John? White Rum?



Julie Rondeau, Carol Patterson, Anthony Skinner and George Grimes



Verne & Lois Meadows, Joan & Mike O'Grady

AND ON THE SUBJECT OF FOOD AND DRINK ...

Nothing would be more tiresome than eating and drinking if God had not made them a pleasure as well as a necessity. (Voltaire)

One of the very nicest things about life is the way we must regularly stop whatever it is we are doing and devote our attention to eating. (Luciano Pavarotti)

A WARM WELCOME TO OUR NEWEST MEMBER



Mary Lycett

Mary has lived in Port Hope for the past forty five years and worked at the Port Hope & District Hospital for thirty years. Mary continues to work on a part-time basis in Health Information Management at Lakeridge Health. Mary is married and has a daughter and son and seven wonderful grandchildren. She enjoys quilting, knitting, downhill skiing, golf, and square dancing. Mary is looking forward to the many activities of our club.

PUB NIGHT

Don't forget Pub Night at 6 p.m. at The Beamish on the last Tuesday of each month. Here's some of the crew who braved the weather on January 28.



Elsie Board, Eric & Jan Blaikie, Joyce & John Ferguson having what looks like a very serious conversation!





SNOWBIRD REPORT



Many thanks to Ron Frizzell for the following story and picture

Best Wishes From Gator Country

Hi folks, hope that all going well. Since we purchased our home in Florida in 2004 we have almost always had an alligator in the pond behind our home. The individual gator might change from time to time (I never got close enough to identify them), but we have always had a gator to watch. Often they sun themselves in our back yard (this picture was taken from our living room window).



Last March during mating season when the gators were getting restless we noticed that our resident gator had only 3 legs. We weren't sure whether it was from a birth defect, or whether the leg had been lost in a battle with another gator, but it was clear that his front left leg was definitely missing. This caused him to struggle as he crossed our neighbor's lawn to another pond, but eventually he made it to safety.

When we returned to Florida this year we were pleased to see that our 3 legged friend had survived the summer and was back in our pond. That was until just a few weeks ago.

Apparently the gator was roaming one night and became entangled in some netting on the golf course not far from our house. Since he was unable to free himself some professional handlers were bought in by our community management. The gator was freed and apparently relocated to a protected wildlife reserve.

To date no other gator has taken up residence in our pond for any length of time, but we are hoping soon that another Allie, or Ziggy as the residents have come to name them, will take up residence in our pond.

F.Y.I. there are a few rules to follow when it comes to alligators:

1. Don't feed the gators.
2. Don't trust the gators....they are definitely not tame.
3. Always check your backyard closely before trimming the bushes. Maybe that's why Lois always insists that I do the trimming.

Enjoy your winter. God willing Lois and I are looking forward to seeing everyone in late April.

Ron and Lois

SHARE THE WEALTH WINNER

January 10 - Bob Kearns won \$45.00
January 24 - Steve Snell won \$41.00



FEBRUARY/MARCH CREWS

CATERERS

February 14

Captain: Georgina Rose
Helpers: Bryan Rose
Roger & Lacey Ingram

February 28

Captain: Don Newington
Helpers: Ruth Newington
June Gibson
Lynda Britton

March 14

Captain: Joan Bebee
Helpers: Shirley Harrison
Sharon Rathbone
Linda Goldie

GREETERS

February 14 Marcel & Julie Rondeau
February 28 Julie Joyce and Helen Hunt
March 14 Sam & Pat Rawson

CONTACT INFORMATION

GANARASKA VALLEY PROBUS CLUB
EXECUTIVE 2012 – 2013

PRESIDENT: Steve Snell
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VICE PRESIDENT: Joan O'Grady
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PAST PRESIDENT: Susan Gaudion
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TREASURER: Larry Squire
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MEMBERSHIP: Mike O'Grady
ogradym@cogeco.ca

MEETING ORGANIZATION: Joan Bebee
905.885.1314 (NO EMAIL)

PROGRAM: Charlie Dobbie & Gwen Logan
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SPECIAL EVENTS: Dave Strong & Marilyn Dunne
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NORTHSHORE PROBUS CLUB OF COBOURG

The Northshore Probus Club has extended an invitation to our members to join them on the following trips:

March 13 for 2 p.m. performance of Wizard of Oz at the Ed Mirvish Theatre. \$115 includes show, bus and supper at the Mandarin.

April 4 for 8 p.m. performance by The Canadian Tenors at Roy Thompson Hall. Tentative price of \$125 or less for show and bus only.

For more information, please contact:

Sharon McMann at the Northshore Club at
905.372.3567

HOW WILL YOU KNOW IF A PROBUS MEETING HAS TO BE CANCELLED?

In the event of severe weather causing a meeting to be cancelled, the President will notify the local radio station.

Listen to 107.9 THE BREEZE FM

Last year we were lucky and didn't have to cancel a meeting but it is best to be prepared



GANARASKA CURRENTS

http://www.probusnorthumberland.com/ganaraska_news.htm

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