



NORTHSHORE NEWS

A publication of The Probus Club of Northshore Cobourg



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President

Brenda Moore

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President's Message

Passing of the Gavel

Outgoing President Yvonne Seymour passes the power of the gavel over to incoming President Brenda Moore



Welcome to this beautiful Fall Season. I am honoured and look forward with anticipation to my new role as

your President for the coming year. I appreciate this opportunity to serve you and I know that with the strong Management Team and Committee Chairs in place and your support and co-operation, we can make this another outstanding year.

I would like to thank Yvonne Seymour for her hard work and dedication as President last year, and for affording me the opportunity to have a practice run as President while she was away. Also, thank you to all the committee chairs, the event co-ordinators and all who have served on the committees on behalf of our Club Members.

I was introduced to Probus by a friend in December of 2012. Since that time my Husband Ric and I have enjoyed meeting new people, developing friendships and attending many of the events. Our hope is that we can add many new members so that they may enjoy the friendship and comradery of our Club. Please join us for our exciting Annual Car Rally on October 15th and invite your friends. Looking forward to getting to know each one of you better at our next meeting and throughout the year.

Brenda Moore President



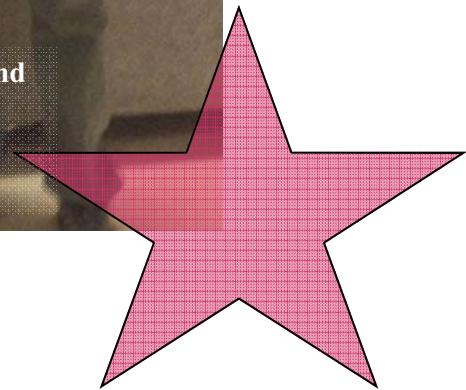
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Ten Year Pins Awarded



Brenda Moore presented Marion Buttars and Doug Palmer with their 10 year pins.



Membership Fees.

The Membership Fee for the fiscal year 2014/2015 in the amount of \$40.00 per member is due on October 1st.

Would you please bring your cheque to the October 1st meeting..... or mail it to:

Probud Club Northshore P.O. Box Cobourg, Ontario K9A 4K5

3rd Battle of Mons in Cobourg's Old Bailey

Northshore Probus welcomed Harry Nash from the Northumberland Probus Club as our guest speaker on September 17th. Harry moved to Cobourg two years ago after ten years of employment in Scotland and many years working for Canada's Military. His passion for history, and in particular a fondness for General Arthur Currie provided the subject matter for his talk on 'THE THIRD BATTLE OF MONS'.

The first battle of Mons took place in August 1914, at the beginning of the First World War, the second battle of Mons took place on November 10th and 11th 1914, when the 42nd Battalion, Royal Highlanders of Canada under the leadership of General Arthur Currie took complete control of the town of Mons just before 11 am when the fighting ceased with the armistice that ended WWI. This strange battle held on the last day of the war when all commanders knew that the Armistice was coming was forced on Currie by his British Commander, General Haig. One Canadian soldier was killed during this battle.

However, it was the THIRD BATTLE OF MONS that was the focus of Harry's talk. That particular battle was won in a courtroom in Cobourg, Ontario on May 3, 1928.

Arthur Currie was born in Strathroy in 1875. He became Canada's senior battlefield commander from June 1917 to the end of WWI.

Sam Hughes was the Minister of Militia for the Government of Canada at the onset of WWI. He was instrumental in appointing Currie to the highest post in the Canadian army. When Currie would not be bullied into appointing Hughes' son to lead a division, the relationship between Currie and Hughes was soured permanently. When Hughes was demoted from his Minister of Militia position in 1916 he was bitter and vindictive. He began to speak under parliamentary privilege against Currie

and his actions, labelling Currie as a 'butcher of his boys' during battle.

Although Hughes died in 1921, his accusations of Currie lived on. In 1927, after reading an article in the Toronto Globe commemorating the Second Battle of Mons, Frederick Wilson, the owner and editor of the Port Hope Evening Guide working with William Preston who was a political muckraker and politician decided to write a scathing editorial declaring the November 11th Battle of Mons 'such a shocking useless waste of human life that it

is an eternal disgrace to the Headquarters that directed operations.'

Currie sued for libel, demanding \$50,000.

The trial took place in Victoria Hall



in Cobourg on April 16, 1928. Currie won the trial but was awarded only \$500. Wilson and Preston were required to pay the legal costs and this amount brought Wilson and the Port Hope Evening Guide to its knees.

Currie had finally been vindicated. He returned to Montreal to resume his duties as chancellor of McGill University. When he died in November 1933, his funeral brought Montreal to a standstill. The Ottawa Citizen called the Currie trial 'one of the most sensational litigations in the history of Canadian jurisprudence - a lawsuit without parallel in any country'.

Louise Weldon

Welcome to



Over the summer months we welcomed four new members to our Northshore family.

Pictured clockwise from top left: Susan Hornby, Suzanne Lipton, and Chin



Northshore

hs, President Yvonne
mbers into the North-

n top left are: Marjorie
y, John Liptay and Diane



No Bones About It

Cathy Percy is the Education Co-ordinator for Osteoporosis Canada working out of Peterborough. She visited Northshore Probus bringing information about this debilitating condition. She made "No bones about" (pun intended) the importance of good bone health, especially as we get older. She explained that as we age our bones become less solid, become weaker and more prone to breaking. In many cases a **fracture may be your first and only sign of osteoporosis** and can lead to more fractures.

Some statistics that Cathy shared:

1 in 3 women and 1 in 5 men have and Osteoporosis fracture in their lifetime

There are 30 000 hip fractures per year in Canada

Spinal Fractures are often not diagnosed in men

2% of women and 3% of men will die of hip fracture complications (blood clot, pneumonia)

The importance of a BMD test (bone mineral density) was stressed. However the best preventatives are ensuring that the body has ample supplies of calcium and vitamin D, and exercise stressing postural and balance training. Fall prevention is a major factor avoiding problems. Cathy outlined many steps to prevent falls. They included: hearing and vision test; medication review with pharmacist; blood pressure check; care of feet and review of footwear; exercise; eating well (calcium and vitamin D); and reviewing home safety.

There are several Osteoporosis support groups in the area. The Northumberland groups meet the second Thursday of the month at the Ruth Clarke Centre Port Hope and St Peter's Anglican Church Cobourg. For information on dates and time you can phone 1 800 463 6842 or visit the website at Peterborough@osteoporosis.ca



Please Note

**Oct 15th is
Car Rally**

**There will not
be a regular
meeting**

HARVEST MOON' PARTY



NOVEMBER 6th 2014

Northshore Probud is hosting a Fall Celebration with a 'Harvest Moon' Party. This event is open to all Probud Clubs and you are invited to bring your friends along for a great evening of entertainment, music and fun.

Cocktails at 5:30

Dinner at 6:30

Roast Beef/BBQ Chicken

3 Salads

Red & White Roast Potatoes

Assorted Cakes and Pies

Fabulous Music provided by

George and Alice Potter

with OUR very own

Ted Dunstan, Art & Yvonne Seymour

Party Games . Socializing . Music . Food . Fun

Grab a Friend or Two, Come out and ENJOY!!!

\$38.00 per person

Upcoming Speakers

October 1- Neil Butters- A 104 year old Mc Laughlin-Buick

October 15- Car Rally (usually no meeting)

November 5—Richard Pope “Shadows Gathering” Ontario in WW1

2014/15 Northshore Management Team



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