

SHARE THE WEALTH WINNERS



July 13 Joan Hayes \$44.00

Aug/Sept

Aug 10
Greeter: Heather McKeown
Share the Wealth: Willy & Rosalie Jakobi
Captain: Betty Curtis
Helpers: Joyce Ferguson and Carol Patterson

Sept 14
Greeter:
Share the Wealth:
Captain:
Helpers

Sept 28
Greeter:
Share the Wealth:
Captain:
Helpers:

Any information you would like included in the newsletter make sure we have it by email before the last day of the month. This includes any stories and photos of events.

"Step Up to the Plate"

Volunteers are needed to help set up refreshments at our meetings.

PS – Anyone and everyone can do this!

CONTACT INFORMATION GANARASKA VALLEY PROBUS CLUB EXECUTIVE 2016 – 2017

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GANARASKA CURRENTS

<http://probusnorthumberland.com/news/ganaraska-valley-news>

Go to this website to see our and other
Probus Clubs, newsletters.



GANARASKA VALLEY PROBUS CLUB NEWSLETTER

ganaraska currents

August 2017 Volume 11 Number 7




PUB NIGHT

Pub night is held at the Beamish House on John Street the last Tuesday of each month starting between 5:30 and 6:00 pm. It is purely a social get together and is open to all Probus members. Just bring along yourselves and something to talk about.



The usual crew at the Beamish for Pub Night, remember all are welcome to join us.

Your Probus Calendar

Aug 10	Rant bring a topic to RANT about
Aug 24	Appies 2-5 pm
Aug 29	Pub Night At the Beamish 5:30pm
Aug 30	Drive and Dine details to follow
Sept 11	Probus Euchre
Sept 14	AGM Breakfast Baxter Creek Fee \$5 Neil Crone
Sept 28	Lions Center Cobourg PROBUS President
	<i>Sign up for many of the above events at our sign-up table</i>

Announcements

Reports for the AGM are due Aug 30th and sent to
Lorna Turner

From Mary

Annual Memberships being due prior to AGM

Drive and Dine Aug 30th will leave from Port Hope and the cost is \$20.00 per person. Meet at the Metro parking lot at 9:00am and leave at 9:15am. There will be a sign-up sheet and you have your choice for lunch, Ham & Swiss or Burger or Fish and Chips plus salad or fries. Payment due Aug 10th. Sign up till Aug 18th Contact Bob Wallace

New Mailing & Email Addresses

Ganaraska Valley Probus Club
P. O. Box 201
Port Hope, Ontario
L1A 3W3

gvprobus@gmail.com

St John Ambulance - Therapy Dog Program

St. John Ambulance is a charitable organization whose volunteers provide first aid training, emergency response and community service. Service to the community includes the Therapy Dog Program, where teams visit nursing homes, senior's residences, local hospitals and schools.

Sarah Holland has been a volunteer with the Therapy Dog Program in Northumberland for seven years and along with her dog Corduroy spoke with us on July 13, 2017 about the organization and their work. We also welcomed Sue Sachs and her dog Twinks.

The program started in June, 1992 as a pilot program in Peterborough and today more than 3,300 therapy dog teams (58 in Northumberland) reach thousands annually.

The therapy dog program provides an opportunity for individuals to:

- Talk with the volunteer and the dog
- Feel, touch, pet and cuddle the dog
- Receive unconditional love from the dog
- Carry-out or practice an activity in the presence of the dog

The program offers many benefits, improving quality of lives. Some of the reported benefits include:

- Greater social engagement with individuals/residents talking more, participating more in activities, and smiling more
- Stress relief and distraction from pain
- Comfort and calming
- Improved self-confidence and esteem



4th Line Theatre



The PROBUS Imperative

No PROBUS member should, as a PROBUS member, be put in a position of having to comply with or refuse requests for money or political or religious support or time for a cause no matter how worthy the cause may be; nor should a member profit or lose materially by virtue of being a member of PROBUS. Moreover, PROBUS clubs, nor their guests do not promote the sale of any product or financial drive or cause of any kind or merit. One should be able to get in and out of a meeting, take a phone call or open email without being reminded of some fund raiser or some cause.

No Money, No Religion, No Causes, No guilt trips!

Rather, PROBUS is involved solely with the basic principle of fellowship and learning, and remaining connected to the world through speakers and programs, this together with the guideline of non-solicitation for any cause, is the underpinning of PROBUS.

With the tendency to become complacent, or to feel lost, or disconnected, unable to feel the rich tapestry of human existence, PROBUS in its own small way provides moments where one can regain and maintain connection with friends, community, and the world. At least for a while each month one can still feel part of the world and even feel inspired to be more involved to get connected and stay connected.

Stephen C. Campbell - President, PROBUS CANADA - 2015

PROBUS EUCHRE

For September, our new venue will be the Canton Municipal Building on every second Monday at 1:30 pm commencing September 11th. All are welcome!

Appies and Drinks



The next appies is Aug 24th at Yvonne and Glen Workman's 15 Payne Crescent