



ganaraska currents

May 2015

Volume 9 Number 5



Rovers at Rhino's



Some people just can't be trusted

It was a full house and everyone enjoyed the service, the company and the food.

Your Probud Calendar

May 14	Probud meeting – 9:30 AM at the Port Hope Rec. Ctr. Speaker: David Sheffield from Greenwood Coalition
May 15	Appies & Drinks – 2 to 5 PM at Sheila & Jim Scherer's, 59 Jiggins Court, Port Hope #885-0657
May 26	Euchre – 1:30 PM at the Ruth Clarke Ctr.: Contacts: Michelle Langevin #885-0180 or Joyce Ferguson #797-2555
May 26	Pub Night – 6 PM at the Beamish House Pub, John St. Contact: George Grimes #885-1594
May 28	Probud meeting – 9:30 AM at the Port Hope Rec. Ctr. Speaker: Jack Goering – Retracing Franklin's first Arctic expedition
May 28	Lunch Bunch – 12 noon at The Rolling Acres, 2941 Taunton Rd.E. Bowmanville Contact: Joan O'Grady 419-0360
June 2	Probud Extravaganza – 9 AM at The Keeler Ctr., Colborne. Guest speaker – Senator Roméo Dallaire
June 9	Euchre – 1:30 PM (see above) Final game until September.
June 11	Probud meeting – 9:30 AM at the Port Hope Rec. Ctr. Speaker: Ray McCoulough from the Trillium Walker's Club
June 16	Euchre Luncheon -12 noon at the Carlyle Inn & Bistro, 86 John St. There may be euchre after lunch. Contacts: See above
June 19	Golf Tournament – Ashbrook Golf Club. See the sign-up sheet.



Sign up for many of the above events at our sign-up table

Our guest speaker for our April 9th meeting was Shannon Linton, Executive Director of SONG, Sounds of the Next Generation. She is a native of Plainville and enjoyed singing in La Jeunesse and the Kiwanis Music Festival as a child and teen. She has both her bachelor and masters degrees in music from the University of Ottawa and has taught voice and led choirs for approximately ten years. She is passionate about bringing music to children.

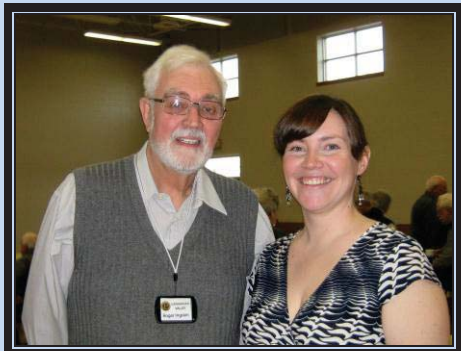
The SONG program was originally inspired by the El Sistema program in Venezuela founded by Jose Antonio Abreu in 1975. That program now boasts over 350,000 participants throughout Venezuela, all receiving free orchestral and choral music training, all with the mission “to help children and young people in achieving their full potential and acquiring values that favour their growth and have a positive impact on their lives in society”.

SONG is now located in both Port Hope & Cobourg and it’s mission is to promote social development through the pursuit of musical excellence. Eighty children, ages 6 to 13, are served by this local program. It focuses on “under-served” children, 33% of which live in subsidized housing. A musical background is not a requirement and there are no barriers to admission. They are now in their second year of bucket drumming and choir and their first year of beginner strings. They are a volunteer-driven organization with community at their core, and believe in changing lives one rehearsal at a time.

Importantly, statistics prove that when children are involved in a music program, 75% feel better about school, 80% feel more confident about themselves, they are three times as likely to get a degree, twice as likely to volunteer and 20% more likely to vote.

To quote one participant, “When you are singing it get’s the upset out of you.”

For more information please visit their website at www.songprogram.org



Shannon Linton with member Roger Ingram



On April 23rd, our guest speaker was Anna McIntosh, a counselor with The Canadian Hearing Society for over 16 years. She has an education in gerontology and social work. Her primary focus is to assist older adults remain safe and independent in their homes without their hearing loss impacting their safety and social well-being. The Canadian Hearing Society is a not for profit agency and the leading provider of services, products and information. The CHS removes barriers to communication, advance hearing health, and promotes equity for people who are deaf, oral deaf, deafened and/or hard of hearing. Anna lives with her family in Millbrook and works out of the Durham Region CHS office, (905) 404-8490 ext 232 or TTY 888-697-3617.

During her presentation, Anna explained the many ways and levels hearing deficiencies and deafness can occur, while stressing the importance of patience and understanding of deaf people. Whether someone is borne deaf or becomes deaf the emotional stress of feeling *shut out* can be devastating and isolating. It helps to learn communication skills and remember to talk directly to the hard of hearing so they can also read your lips.

Anna mentioned some of the different types of assisted technology available now. Improvements are happening all the time and some types of deafness can be helped by surgery but Anna also emphasized the importance of getting a hearing test as soon as you realize there might be a problem and persevere until you find the best solution for you.



**Happy
Birthday
President
Ray**

from all your fellow
Probus members

Appies & Drinks



Our hosts, Eric & Jan



Pub Night



And a good time was had by all

Rest Your Mind

I know you have been laying awake at night wondering why baby diapers have brand names such as "Luvs", "Huggies," and "Pampers", while undergarments for old people are called "Depends". Well here is the low down on the whole thing.

When babies dirty their pants, people are still gonna Luv'em, Hug'em and Pamper' em. When old people dirty their pants, it "Depends" on who's in the will!

Glad I got that straightened out so we can rest our minds.



Meet our new member
Val Nippard

SHARE THE WEALTH WINNERS



April 9 Kathy Wallace \$35.00
April 23 Garnett Birney \$41.00

March/April CATERERS

May 14

Captain: Jan Blaikie
Helpers: Joan Bebee, Leslie Ewert & Joan Little

May 28

Captain: Lois Meadows
Helpers: Lynda Britton, Joan Bebee & Marion Griffin

June 11

Captains: Betty & Garry Curtis
Helpers: Pat Rawson, Carole Stirling & Susan Biggs

June 25

Captain: Julie Rondeau
Helpers: Marcel Rondeau, Diane Haynes & June Lentir

July 9

Captain: Volunteer Needed
Helpers: Rosalie & Willie Jakobi
Lorna Turner

"Step Up to the Plate"

Volunteers are needed to help set up refreshments at our meetings.



Happy 80th Birthday
Frank Henderson

from all your family, friends and Probus

CONTACT INFORMATION GANARASKA VALLEY PROBUS CLUB EXECUTIVE 2013 – 2014

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GANARASKA CURRENTS

http://www.probusnorthumberland.com/ganaraska_news.htm

Go to this website to see our and other Probus Clubs, newsletters.