

SHARE THE WEALTH WINNERS



Oct 11 Larry Squires \$35.00
Oct 25 Frank Griffin \$39.00

Nov/Dec

Nov 08: Greeters: Anthony Skinner & Carol Patterson

Membership Assistant: Lynda Britton
Share the Wealth: Henrietta Mills
Captain: Julie Rondeau,
Helper: Marcel Rondeau
Penny McMahon

Nov 22: Greeters: Julie Joyce
Membership Assistant: Lynda Britton
Share the Wealth: Ruth & Don Newington
Captain: Penny & Barry McMahon
Helper: Eunice Hogg
Marion Griffin

Dec 13: Captain Penny & Barry McMahon
Helper: Kathy & Bob Wallace

"Step Up to the Plate"

Volunteers are needed to help set up refreshments at our meetings.

PS – Anyone and everyone can do this!

CONTACT INFORMATION GANARASKA VALLEY PROBUS CLUB EXECUTIVE 2018– 2019

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GANARASKA CURRENTS

<http://probusnorthumberland.com/news/ganaraska-valley-news>

Go to this website to see our and other
Probus Clubs, newsletters.



GANARASKA VALLEY PROBUS CLUB NEWSLETTER

ganaraska currents

Nov 2018

Volume 12 Number 10



Dinner Theatre

Many Probus members gathered at the Best Western in Cobourg to dine and see the play.



Your Probus Calendar

Nov 5	Euchre and Bowling
Nov 8	CNIB Carol Currelly-Burnham
Nov 12	Games Day 1-4 @ JBSC
Nov 15	Rovers @ Hong Kong Buffet
Nov 16	Appies Lois & Verne Meadows
Nov 19	Euchre
Nov 22	Scarborough Bomb Girls Barbara Dickson
Nov 27	Pub Night @ The Beamish
Dec 6	Christmas Party More info to come
Dec 20	Appies @ Marilyn Dunne's
 Sign up for many of the above events at our sign-up table	

Any information you would like included in the newsletter make sure we have it by email before the last day of the month. This includes any stories and photos of events.

We need people who attend our various events and functions to provide a write up and pictures of the events. Please send them to Bob and Kathy after each event

Due to technical difficulties most of the pictures for this month were deleted. Thank you Mary Lycett for coming to our rescue!!

Mailing & Email Addresses

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Oct 11

Guest Speaker: Madelaine Currelly - The Community Training and Development Centre

Madelaine spoke to us about a new App called Networked Communities for Seniors developed for seniors in the Port Hope and Cobourg area which is currently available for free on android and iPhones. The App was developed to encourage seniors to become engaged in their communities, find resources, clubs, organizations and businesses. As stated in the brochure the motivation to participate is supported through a "gamified" approach to 60 challenges that are linked to senior's interests and one challenge is delivered to your phone every day for 60 days. The links are associated with interests to arts, music, crafts, education, environment, health, fitness, sport, faith, finance, theatre, personal appearance, decor, volunteering, food and travel.

Sounds like a challenge to me!

Oct 25

Guest Speaker: Kerri-Ann Wilson- Director of Clinical Services & Operations of The Bridge Hospice

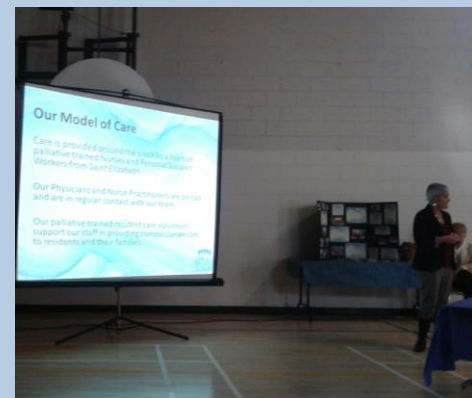
The Bridge Hospice provides a Home a Bridge a Journey of care and compassion at the end of Life in Warkworth On. It has 3 bed residential rooms. Philosophy of care that aims to relieve suffering and improve the quality of living and dying. The care addresses physical, spiritual and emotional needs. Physicians, nurses, PSWs etc and a team of volunteers provide the care. Additional services are Massage Therapy, Dog Therapy, Footcare Nurse, Hairdresser, and singers.

Care is provided around the clock by a team of palliative trained nurses and personal support workers. The physicians and nurse practitioners are on call and are in regular contact with the team. The palliative trained resident care volunteers support the staff in providing compassionate care to the residents and their families.

Volunteers contribute 100,500 total hours to the hospice. Why volunteer, learn and grow, apply your skills, expand social network, enhance career prospects, reinvent yourself.

Making a difference at End of Life.

Gary Chadwick spoke about attending a Regional Meeting and the discussions they had. All clubs are experiencing problems with declining membership and getting people to volunteer for jobs that need to be done to make the club run better.



Rovers

Rovers November 15th Hong Kong Buffet
724 Lansdowne St Peterborough

5 PM

\$15.95 +tax +beverage

Rovers Plus - the same evening is a Peterborough Petes Hockey Game vs Owen Sound

7 PM

\$21.00 senior cost

You may sign up for both or for either one. Some of us are going to the game, others are not. It is your choice!

Euchre

The Probus members gathered for the October euchre games on a rainy Monday afternoon at the Canton Hall. There were a total of 8 tables and lots of great food at the break. Come on out and join the fun and laughter.



Pub Night

The Probus Members gathered at the Beamish for the monthly Pub Night. A lot of fun and conversation was had. Come out and join us anytime. Pub night is the last Tuesday of each month. Next month we meet November 27.

