



NORTHSHORE NEWS

A publication of The Probus Club of Northshore Cobourg

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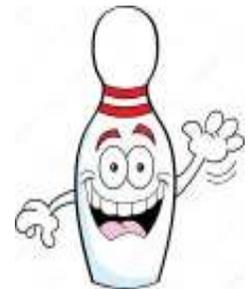
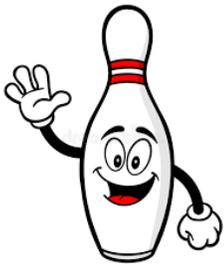


President

Rose Wood

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Northshore Avoids Crappy Bowling Trophy



The Probus bowling tournament was held on April 30 at Northshore Lanes. Several clubs in the area sent 22 teams for a day of fun and fellowship. Four teams from Northshore did a great job demonstrating their skills. They bowled so well that we **DID NOT** win the **toilet seat trophy** awarded to the club with the lowest average score!

Mary Potter

Ramblings From Rose



Hello to all our wonderful members. Thank you to Bob and Brian who took over for Cal and myself while we were unable to attend the last meeting. My granddaughter got graduated, my sister got picked-up (by me) and Cal is recuperating and coming along just fine. I would like to thank those members who have stepped up to make sure our next two events go on as planned. Look for something new in the Car Rally.

Summer has come upon us and it is nice to be able to go out without all the heavy coats, boots and things. Gardens are blooming and the birds are chirping and life is good. There will be Anniversary Picnic announcements at the next two meetings so be sure to be ready to pick up your ticket. Keep up all the good work you do for our club and we will all enjoy life together. PS. I will be at the next meeting as our trip had to be put on hold for a year or two. See you all then.

Drinks & Appies

Tuesday June 26

Hosts: Art and Yvonne Seymour

305 O'Connor Court

4 — 6 pm

Please sign up



There is only one regular meeting of Northshore Probud in the summer.

July 4th.

The August picnic/games day in Harwood is the only gathering in August

UPCOMING SPEAKERS



June 20 Ken Prue The Loft

July 4 George Kallonakis Developing a successful business Olympus Burger

Those who get too big for their britches will be exposed in the end

Welcome to Northshore



The past two months have seen three new members join the happy family of Northshore Probud. Pictured above: Iain Henderson on May 2; below left Erla Hawthorne on May 16; below right Vivian Connor on June 6. We welcome them and look forward to their future participation.



The batteries were given out free of charge

A Million Possibilities / Solo Ocean

What does a man do when he turns 61? Well, for one brave Cobourg man, he chooses to row across an ocean.....SOLO!

Our guest speaker at the May 2nd meeting was Colin Sanders....who, upon turning 61 three years ago, decided he needed a quest! Mountain climbing was out, because his knees couldn't take it, and besides he had trouble with high altitudes! So why did he decide he wanted to row across the ocean? Because it was there!

Throughout a very interesting account of his voyage, we learned so much about this man, who had been a stranger to most of us prior to Terry Ashcroft making the introduction. Colin Sanders rowed 4,000 km from The Canary Islands to Antigua in 83 days. A pretty amazing feat for a die hard rower, but Colin had absolutely ZERO experience in rowing prior to this voyage! He had to learn absolutely everything about navigation, being ocean savvy, and what nutrition his body would require each day. (A diet of 6500 calories a day delivered through freeze dried foods and energy bars.....Colin never wants to look at another CLIFF bar for the rest of his life).



There is a well known navigator on the Isle of Wight who taught Colin how to navigate using a sextant (a tool used to chart a course using heavenly bodies as guides). Colin also used an ocean rowing coach to learn the physical and problem solving elements involved in rowing solo. He acquired an Ocean Rowboat christened SOCKS 2, which had a bow cabin in front to store supplies and electronics and an aft cabin for sleeping. His bathroom was a bucket he named 'Loo'. The rower sits on a sliding seat.

Armed with 3 sets of oars, a VHF Radio, an Auto Identification System, Compass, Satellite phones, food for 90 days and the support of family and friends, Colin was ready for the adventure of his life. It had taken two and a half years to prepare and his target date was December

1st. Because of the wind, he had to wait until December 10th, 2017 to head out.

All that preparation and still Colin had no idea what he had in store for him over the next 3 months. Aside from the gruelling ordeal of rowing for about 8 - 10 hours a day, there were many storms, 25+ foot waves, a fire in the electrical panel which burned out the water desalination unit, constant motion of the boat, howling winds and heavy rains. On New Years Eve, the rowboat rolled over...spilling olive oil over the entire boat and drenching everything.....Colin was soaked for 4 weeks....but he was still afloat and alive!

The marine life was beautiful.....salt water is so clear and he could often see dolphins and tuna, whales and swordfish. The stars and sunsets were incredible. The Big Dipper looked like it had flashlights in each star.....and the moon was so very bright.

Colin's luck took another turn as he got closer to Antigua. He got food poisoning! 3 days later he fell out of the boat and broke a rib. But he stayed the course! If he called for help and a big boat came to get him, the rowboat would be finished. With the strong currents around Antigua, and because it is a small island that could be easily missed, he had to make sure he didn't stray off course.

FINALLY, after 83 days at sea, Colin landed his rowboat on the island of Antigua. It took 3 days before he could walk without difficulty and his fingers still hurt from the constant rowing....but oh.....that first sip of Coca Cola was incredible!

What an adventure! Colin's voyage raised \$150,000 for Community Living Ontario to help people with intellectual disability. His son Jeff was his inspiration. Donations can still be made at www.clo.com Frank Farago presented a thank you basket.....fortunately it did not contain any CLIFF bars!

Louise Weldon

Just remember, once you're over the hill you pick up speed.

Search and Rescue



Of course the yacht basin is probably the greater attraction. Boats in all shapes and sizes abound and it's not just the locals that are drawn to the scene. It is just one of the features that make the town of Cobourg a tourist attraction. Most days also tied up you will see the pilot boat of the Canadian Coast Guard. On board there is an inflatable Zodiac where a shallow draft is needed to work closer in shore. This week we had Captain Liam Pigott accompanied by the ship's crew outline their mission.

Their basic mission is search and rescue in the area between here and Whitby and they are legally permitted to enter American waters in that effort. Last week they rescued people from a sailboat that was taking on water. As Liam pointed out their role is safety not enforcement of laws or regulation, However If such a role is required they can assist the OPP and RCMP who will perform that task. Liam made it clear that if they approach a craft they are not there to make sure everyone is wearing the proper life preservers. "We don't give out tickets." Winter means acting as ice breaker escort keeping the shipping lanes clear. There is the year-round maintenance of floating navigational aids and also year round scientific research of monitoring water quality and fish stocks. They also monitor Chanel 16 or *16 to answer cell phone calls for assistance and of course there no charges for being rescued.

Climate change has meant that cruise ships

are now able to navigate the Arctic Ocean in the summer and yet there are no really good Government maps ready as yet. (You might recall a few years back we had a woman speak to us about her North-West passage cruise and their ship went aground. To hear her tell it, it was not that big a deal: work on your tan beneath the twenty-four hour sun and there were more of the amusements that we all go for on those ships.)

Liam remains most excited about his chosen field of work. Basic educational requirement is a high school diploma and successful completion of the Coast Guard College Program of study. There are plenty of opportunities to work your way up through self-study courses and passing examines. The one thing he sounded really proud of is the opportunities the Guard offers women. His wife is a ship's captain.

Julius Varga



Liam and the crew answer questions about Coast Guard life



There's a big difference between a human being and being human

Electric Cars Surplus Electricity Climate Change



At the Probus meeting of May 16, our guest was Ron Groves, a representative of the Electric Vehicle Discovery Centre located in Toronto. The Centre is the creation of a number of sponsors: The

Province of Ontario, Power Unions, Car manufacturers and Power Electron suppliers. The Centre

is the first of its kind in the world dedicated to providing an experiential learning environment for electric vehicles. The outreach program at the Centre is called PLUG-N-DRIVE. It is committed to accelerating (no pun intended) the acceptance of electric

vehicles in order to maximize their environmental and economic benefits. Since 2011, PLUG-N-DRIVE has been a leader in the electric vehicle industry. It regards itself as a trusted and unbiased source of information on electric cars and charging stations. Visitors can learn about charging and take test drives in the latest makes and models as a free and stress-free experience.

Gas powered cars are falling out of favour because of cost and green house gases. Electric power is now more readily available, locally made, produced at lower cost, and less polluting. All coal fired power plants are gone and Ontario

has a surplus of power at night. The trends are there in favour of more electric vehicles. They save money, lessen the carbon footprint and reduce global warming. The U.S. state of California is forcing car makers to build electric cars. Sweden's Volvo Company is planning only electrics after 2020. One percent of manufactured cars are now electric or hybrid. There are already 50,000 electric cars in Canada of which 20,000 are in Ontario. Electric cars are available from many manufacturers. Many Canadian provinces encourage the use of electric vehicles by offering substantial financial incentives.

An electric car is powered 100% by an electric motor and battery. They do not burn gas or diesel fuel and have zero emissions. The plug-in hybrid uses a battery and gas. They can travel a short distance on a full charge, then the gas engine takes over. An electric car does require power, a battery charge. Any building or residence can install a

charging station.

At the present time, there are three levels of power which can bring a battery up to full charge. Each type requires a different installation and time

period. For convenience, batteries can be powered up at any time. Public outlets usually charge a dollar an hour or more depending on the type of charging station.

Climate change, greenhouse gases, violent storm patterns, world wide water displacement, can the world afford to ignore these trends? The advocates for a new approach to transportation think not. Whether we can believe in all the positive statistics and claims for saving money and reducing pollution is another matter.

Harry Knapper



A wise man once said nothing

Men's Night Out



Charllie Girard hosted the season ending gathering of “Men’s Night Out”. Above Charlie is carving the meat for beef on a bun. Thirteen men attended the evening festivities. Good food and fellowship was enjoyed by all.

Summer Schedule

The following is a schedule of upcoming Probus meetings as well as other local activities our members may be interested in. See page 8 for more details of some events.

June 20 regular meeting Lions Centre

June 26 Drinks and Appies hosted by Art and Yvonne Seymour

June 27 Venturing Forth Trinity United Church

July 4 regular meeting Lions Centre

July 11 Fun & Fashion at Linda Girard’s

July 25 4th Line Theatre , Crow Hill: The telephone play by Ian Mclachlan and Robert Winslow

August 14 4th Line Theatre, Who Killed Snow White—world premiere, by Judith Thompson

August 16 Anniversary BBQ and Games

September 5th first meeting back at the Lions Centre

My goal for 2018 — lose 15 pounds. Only 20 pounds to go

ANNIVERSARY BBQ & GAMES

Thursday August 16 2 p.m.

Harwood Hall \$ 25:00 per person



Come and have fun as Northshore Celebrates its 15th anniversary.

Tickets available June 20 & July 4

New Ventures Band VENTURING FORTH

Wednesday June 27 7 p.m.

Trinity United Church

Tickets Adult \$ 10:00 Child \$ 5:00
Available from band members or
at the door



The Little Treasure Shop at
Northumberland Hills Hospital pre-
sents:

AN AFTERNOON OF FUN & FASHION

Wednesday July 11 2:00 p.m.
in the garden of Linda Girard
784 Prince of Wales Street

Wine & Cheese
Draw Prizes

Tickets \$ 25 from Linda or
Treasure Shop



Membership

*Yearly membership
dues \$ 40:00. Those
who pay before the
Sept 30 deadline will
have their names put
in a draw for a free
membership. Post
dated cheques accepted*