

## SHARE THE WEALTH WINNERS



June 13 Steve Snell \$35.50  
June 27 Gary Chadwick \$32.00

### July/Aug

July 11  
Greeter: Julie and Marcel Rondeau  
Share the Wealth: Laura Highway  
Membership:  
Captain: Penny and Barry McMahon  
Helpers: Lynda Britton and Linda Popham

Aug 8  
Greeter: Liam and Barb O'Kane  
Share the Wealth:  
Membership:  
Captain: Penny and Barry McMahon  
Helpers:

### *"Step Up to the Plate"*

*Volunteers are needed to help set up refreshments at our meetings.*

*PS – Anyone and everyone can do this!*

### Walking Group



The newest Probus group of walkers. Please join us at any time.

## CONTACT INFORMATION GANARASKA VALLEY PROBUS CLUB EXECUTIVE 2018– 2019

**PRESIDENT:** Sharon Rathbone  
905-885- 6005 [sharon.rathbone@sympatico.ca](mailto:sharon.rathbone@sympatico.ca)

**VICE PRESIDENT:** Gary Chadwick  
905. 885.0585 [gchadwickg@gmail.com](mailto:gchadwickg@gmail.com)

**PAST PRESIDENT:** Anthony Skinner  
905.885.0545 [abskinner@sympatico.ca](mailto:abskinner@sympatico.ca)

**SECRETARY:** Lorna Turner  
905.419.3145 [lornaturner@rogers.com](mailto:lornaturner@rogers.com)

**TREASURER:** Bruce Britton  
905.342.9508 [brucebritton99@yahoo.ca](mailto:brucebritton99@yahoo.ca)

**DEPUTY TREASURERS:** Joyce Ferguson  
905.797.2555 [joycejohnf@gmail.com](mailto:joycejohnf@gmail.com)

**MEMBERSHIP:** Mary Lycett  
905.885.6525 [mlycett7@gmail.com](mailto:mlycett7@gmail.com)

**CATERING CHAIR:** JAN BLAIKIE  
905.885.5458 [ericblaikie@sympatico.ca](mailto:ericblaikie@sympatico.ca)

**Kitchen** Yvonne Workman  
905. 885-5266 [gyworkman@bell.net](mailto:gyworkman@bell.net)

**SPEAKER PROGRAM:** Valerie Nippard  
905.885.6732 [vnippard@sympatico.ca](mailto:vnippard@sympatico.ca)

**SPECIAL EVENTS:** Kathy Wallace  
905.885.4239 [rwallace000@sympatico.ca](mailto:rwallace000@sympatico.ca)

**COMMUNICATIONS:** Bob Wallace  
905.885.4239 [rwallace000@sympatico.ca](mailto:rwallace000@sympatico.ca)

### GANARASKA CURRENTS

<http://probusnorthumberland.com/news/ganaraska-valley-news>

Go to this website to see our and other Probus Clubs, newsletters.



GANARASKA VALLEY PROBUS CLUB NEWSLETTER

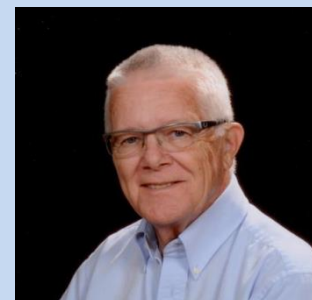
# ganaraska currents

July 2019

Volume 13 Number 7



### Probus Loses Two Fine Members



Curtis, Glen Garry  
Loving husband of Betty.



Mike McKay  
Loving partner of Lorna Turner.

### Euchre



### Your Probus Calendar

July 11	211 Service overview Deborah Rogers	D
July 18	4 <sup>th</sup> Line Theatre Potluck supper at 4:45	
July 22	Appies at Michelle's Langevin	
July 30	Drive n Dine meet at Metro lot at 0900am Sign up by the 19 <sup>th</sup> Cost \$20	
Aug 8	EMS Marcelle Johnson	
Aug 13	Appies at Barb and Sam McCreelis	
	Sign up for many of the above events at our sign-up table	

Any information you would like included in the newsletter make sure we have it by email before the last day of the month. This includes any stories and photos of events.

We need people who attend our various events and functions to provide a write up and pictures of the events. Please send them to Bob and Kathy after each event

**Please remember to bring your coffee cup!**

### Mailing & Email Addresses

Ganaraska Valley Probus Club  
P. O. Box 201  
Port Hope, Ontario  
L1A 3W3

[gvprobus@gmail.com](mailto:gvprobus@gmail.com)



## June 13, 2019

Jennifer Moore spoke to us about Northumberland County and its new initiatives. As CAO of Northumberland County she oversees all staff through several direct reports and an operating budget of over \$100 M.

The CAO is responsible for:

Economic Development and Tourism,  
Community Services (Housing, Children Services and Social Assistance),  
Long Term Care: The Golden Plough  
Paramedics  
Transportation and Waste  
Finance and Treasury  
Corporate Services  
Communications

Northumberland County is the upper tier of government for:

Port Hope, Cobourg, Hamilton Township,  
Alnwick/Haldimand, Brighton, Cramahe and Trent Hills

Prior to being appointed CAO Jennifer was:

Deputy CAO & Director of Finance  
Director of Finance and Treasurer

Prior to being with Northumberland County she spent 10 years with Imperial Oil/Exxon Mobil in Finance areas and travelled throughout North America

For 20 years Jennifer has applied her strategic thinking, analytical capabilities and big picture problem solving skills to enhance the private and public sector organization with which she has worked.

Jennifer is guided by the County Vision of "bringing together people, partnerships and possibilities.

Outside of her County responsibilities Jennifer volunteer's her time on a number of Board of Directors including:  
The Northumberland Family Health Team  
Cornerstone Family Violence Prevention Centre  
Habitat for Humanity, Northumberland  
Northumberland United Way  
And is an active Rotarian

## June 27, 2019

Today we had Sheri Birney come from Community Care Northumberland. She gave a very interesting talk about the services that are provided by them and ways that volunteers can help.

Community Care Northumberland's motto is 'To increase our ability to care for one another so that all individuals are able to receive the support they need and are inspired to give back'.

Ways in which they endeavour to carry through on the motto are:

☐ Community Diners\* – A monthly program that offers a tasty, nutritious, affordable meal enjoyed with others. It's a time for fun, entertainment and learning that keeps you connected with your community.

☐ Friendly Visiting – A visit or telephone call from a caring volunteer on a regular basis to share in activities and companionship.

☐ Home At Last – A one-time settlement home from the hospital that can include transportation, grocery shopping, medication pick up, preparing a small meal and providing personal care and/or homemaking. Qualifying clients may receive enhanced supports to make the transition from hospital to home a success.

☐ Home Help & Maintenance\* - Home Help provides assistance with household activities such as light housekeeping, shopping and meal preparation. Home Maintenance provides assistance with heavier chores such as minor home repairs, snow shovelling and yard maintenance. These services are provided by brokered workers.

☐ Hospice Palliative Care – Support is provided to anyone with a life limiting illness. Family and friends can access support from trained volunteers, a nurse, and counsellor. Individual grief support and grief groups are available.

☐ Meals on Wheels\* - Nutritious hot and frozen meals delivered to the homes of adults who are aging, have special needs or are recovering from illness or injury.

☐ Support For Caregivers – Assistance in meeting the individual needs of caregivers with their on-going responsibilities associated with caring for a loved one, a friend or a neighbour.

☐ Telephone Security Checks – A short telephone call at a prearranged time will provide reassurance, a sense of security or send assistance when needed.

Transportation\* - The Volunteer Transportation Program provides transportation for medical appointments, shopping and to various social activities and programs. Local and long distance destinations are available. Volunteer drivers provide the transportation in their own vehicles. The Specialized Van Service provides accessible and affordable transportation in both rural and urban areas. Local and long distance trips can be accommodated for both individuals and groups.

☐ Wellness Programs\* - Overall health and wellness of clients is promoted through a variety of activities and programs such as fitness, blood pressure clinics, choral groups, support groups and more.

**VOLUNTEERS** – Even an hour call make a difference. Contact us to see how YOU can help!!



## ROVERS



## Pub Night



## Appies

