

October 5, 2016: COLBORNE PROBUS MEETING

We had 30 members and 5 visitors today.

Welcome to our New Members

Dan Pearson
Dave Bumstead
Ken Ellis (returning member)

Also Welcome to our meeting Guests

Chris Bumstead
Sue Horner

Please let me know if I have any mistakes in the spelling of your names.

**Fall is coming to an end. All the pretty leaves are falling.
Why can't we skip the winter season all together?**



Ruth MacKenzie, Colin MacKay, Faye Walker & Cathy Burne
Presentation of their Name Badges.



Anja receiving her Past-President Badge

Diane Dyke
Presenting our speaker
Rhonda Cunningham



Rhonda joined the NHH Board of Directors foundation in 1995.



It was very interesting to learn how the Board of Directors fund the different departments in the Hospital.



Rhonda making a new friend.



Our Share the Wealth winner today is:
Bonnie Hilliard who won \$26.50

A special thank you to Gayle Jones for making today's coffee.



October 19, 2016: COLBORNE PROBUS MEETING

We had 36 members and 2 visitor today.

Welcome to our New Member

Chris Bumstead

Also Welcome to our meeting Guests

Klaus Dutzner

Jean Miller

Welcome Back

Muriel Todd – we all hope you are feeling better.



Dorothy & Al McKinney

We all hope you are well and back with us soon.

Wilf Robinson
Martin Blackshaw

New Members Badge Presentations



Dan Pearson



Lin Mitchel

Thank you, Anja for showing us a method on how to get rid of *Negative Energy* in our everyday daily lives.



Don't you wish you could all do this?
Next time I will get a picture of Anja showing off her techniques.
Hopefully her balance will be better by then.





*Diane Dyke introduces
today's guest speaker:*

Jamie Doolittle



Jamie Doolittle
the Director of the New District 1
for Probus.

Jamie told us many interesting things about Probus. To name a few:

- Probus Started in Britain
- 30 years ago it came to Cambridge
- There are 4000 clubs worldwide with 400,000 members.
- 239 in Canada with 33,000 members.

(I hope I got those numbers right.)

PROBUS is a Social Club
For Fellowship and having Fun.

GCSC – Get Connected, Stay Connected



Jamie is looking for a new friend



Our Share the Wealth winner today is:
Gayle Jones won \$30.00

Speaker for November 2nd:

- Brad Reynolds
- Topic: Emergency Preparedness
- Contact: Carol McArthur

Speaker for November 16th:

- Susan Snider
- Ganaraska Valley Probus Club
- Topic: Life as the spouse of a Diplomat
- Contact: Gord McArthur

Bowling as reported by Gord McArthur

Another bowling season has begun. Despite unusually cool weather for late October, five members made the trek to Brighton for fun, exercise, and setting sights on five wooden objects that sometimes refuse to fall down. They played two of three allotted games and the scores looked impressive for their first outing. Louise McNutt was top Lady with 162 points while Dave Miller was top male with 275.

Our next outing will be November 23. Please consider joining us.

Community Events:

Heritage Salem Soup Lunches

Friday 11:30 – 1:00; cost \$7 (every 2 weeks) beginning October 21.

Legion Dinner

Fridays, 5:00--6:30; cost \$13-15 (depending on what is served)

1st and 3rd Friday of the month

55+ Club every Tuesday

At the Legion, starts at 1 pm

Bowling every 4th Wednesday of the month.

Loads of fun and a great way to get to know our Probus Members.

Keeler Center Exercise Class - Free

Tuesday & Thursday from 9-10 am.

Light exercise done mostly on a chair.

Educational Workshop at Cobourg Public Library; 'The Long Goodbye' (coping with dementia)

Thursday November 3, 1:00 – 3:00

Columbus Hall, Cobourg; cost \$20 per lecture

Lecture Series "Islam"; starts October 27 to December 1 (see

www.northumberlandtoday.com for details)

Remembrance Day Dinner cost \$20 per person @ 6 pm – Veterans are free

Black Dress will be catering.

Call the Legion or drop in to make a reservation. (905-355-5479)

Dundonald Tea & Bazaar

Saturday November 12, 11:00 – 1:30

Heritage Salem Fall Bazaar

Friday November 18, 1:00-8:00 – Saturday November 19, 9:00-3:00

CP Holiday Train, Brighton; entertainers are Dallas Smith & Odds

Monday November 28, 11:30 am.; donations for food bank

From Carol with a few extras from me.

"Last Cab to Darwin"

Sunday November 13th at 4 pm @ Cobourg mall Northumberland Film \$10

This is a comedy/drama about a Cab Driver who has three months left to live. He decides to drive to Darwin, Australia and finds he has to learn how to live first before you can die. www.northumberlandfilm.ca

Upcoming shows & events can be checked out at www.concerthallatvictorialhall.com

From Bonnie

This is OUR Newsletter.

If you want to put announcements into OUR Newsletter

Please send them to me

At mcnuttl@bell.net

Or call me @ 905-355-1200

Michael Enright and Robert Bothwell

in a pop-up forum just before the US election

Hillary, DONALD & US

Sunday, November 6
2-4 pm

St Mark's Church, 51 King Street, Port Hope
\$10 at the door

Presented by
Northumberland Learning Connection
and sponsored by
Port Hope Public Library and Furby House Books

Michael Enright
is host of CBC Radio One's
'The Sunday Edition' and is the CBC's resident
expert on US presidential races.
He has covered ten US presidential conventions.

Robert Bothwell
is professor of international relations in the
Munk School of Global Affairs,
University of Toronto,
and a much published expert on Canada-US relations.

Karin Wells
the moderator, is a radio journalist.

Two days before
the US election, listen and ask how
Canada will be affected by
who moves into the White House.


Don't miss it. Sunday, Nov 6

From Mary

Mindfulness Meditation

FREE

Ven Shengguang Shifu,
Chan Buddhist Society of Canada



Join us at **Colborne Library** on Tuesdays
in November from 6:00pm - 7:30pm for
Buddhist Mindfulness Meditation Classes

November 1— Reasons for popularity of mindfulness meditation
November 8 — How to reduce stress, anxiety and depression
November 15 — Benefits of meditation
November 22 — Meditation and daily life

Please contact the Library to Register



Cramahé Township Public Library
Colborne Branch 905-366-3722
Leicester Branch 905-344-7321
www.cramahelibrary.ca info@cramahelibrary.ca

From Leslie

To the members who have not yet paid your dues: **PLEASE** pay them at the next meeting.

September in Touch Deadline – November 24th, 2016

Email address for 2016/17 editor is: mcnuttl@bell.net



Happy Fall Day