



in TOUCH



## Probud Club of Colborne

Box 865, Colborne Ontario K0K 1S0  
FOUNDED 2003

April 2019

PROBUS CANADA WEBSITE [www.probus.org](http://www.probus.org)  
Check us out at [www.probusnorthumberland.com](http://www.probusnorthumberland.com)

Meetings are held on the first and third Wednesdays of each month from September through June at the Keeler Centre in Colborne

(Unless otherwise designated by the current executive.)

### 2018-19 Executive

President	Sheila Klaassen
Vice-President	Mary Lee
Secretary	Cheryl Livie
Treasurer	Alan Cullum
Past-President	Sheila Klaassen

### Committees

Greeters	Elsie Cullum Heather McElroy
Speaker Co-ordinator	Heather McElroy
Membership	Alan Cullum
Sunshine	Diane Dycke
Bowling	Gord McArthur
Set-up	Menno Klaassen
Christmas	Lynda Leroux
Anniversary	
Picnic	Sue McQuillin
Car Rally	Bob Lee
Social Committee	Judi Eakins Cathy Burne Gayle Jones Pauline Bruce
In Touch Editor	Louise McNutt

From the President's Perch



### Greetings

I think spring is nature's way of reminding us that every day is worthy of a celebration. We did that at our Anniversary Luncheon with fun, frolic and food. It also gives us a sense of renewal and rebirth, just look around at the grass, the trees and the additions to the animal families in the fields.

Three more regular meetings and we get to celebrate again at the picnic.

The speaker On May 1 will address the changes to the curbside collection beginning in September. This is a great opportunity to invite someone because this is important information that everyone needs to know, so let's see if we can fill the room.

Cheers

Sheila





**May**

Martin Blackshaw (13)      Sue McQuillan (15)  
Sheila Klaassen (15)      LettyJo Orr (16)



**May**

Diane & Cecil Dycke (1) (He may be gone but he will forever be in your heart.)  
Mary & Bob Lee (20)      Carol & Gord McArthur (27)

**APRIL 3, 2019: PROBUS CLUB OF COLBORNE**

- 26 members were at the meeting today.

Bob McNutt opened the meeting with the singing O'Canada.



Thank you, Judi Eakins for leading us off.



## Anniversary Luncheon:

- April 17, 2019
- 10 am coffee will be ready.
- Don't forget to pay Alan Cullum for the Luncheon.

## SPEAKER

Bob McNutt introduced our speaker.



- Michelle Davis
  - o Community Engagement Specialist
  - o Canopy Growth Corporation
  - o 343-996-3082
  - o [www.canopygrowth.com](http://www.canopygrowth.com)



Michelle Davis

Michelle works as a community engagement specialist for Spectrum Cannabis, the medical cannabis division of Canopy Growth, Canada's largest licenced producer of cannabis.

Michelle's role is to go out into the community to provide education and support to various health and patient facing groups, social clubs and groups, professional organizations and more, furthering understanding of all aspects of medical cannabis.

The presentation covers cannabis legislation and the industry, the cannabis plant, how and why medical cannabis is used, safe and responsible use and how to access medical cannabis. She focuses on providing an unbiased, educational presentation that covers the basics around medical cannabis.

Michelle started as a grower for Canopy Growth, located in Smith Falls in the old Hershey Plant. She has worked her way up to Customer Care of Spectrum Cannabis which is a licensed producer here in Canada.

**Medical Market:**

- This is in addition to recreational use.
- You have to go through your doctor to get a prescription to be able to order Cannabis online.
- There are different strength, some giving you a high and others giving you the relief without the high. It is with personal use that you find out how much and which strength you need.
- THC gives you the High while CBD give you the relief without the high.

Cannabis or as the recreational users call it, Marijuana comes from the Cannabis Plant.

The cost is mostly out of the pockets of the users. Be sure to keep your receipts for you Income Taxes.

For more information contact:

- [care@SpectrumCabbabis.com](mailto:care@SpectrumCabbabis.com)
- 855-558-9333
- Or go on line at SpectrumCannabis.com

**Cannabis isn't for everyone.**





Michelle Davis and Heather McElroy  
are making a new Best Friend



Share the Wealth Winner



Faye Walker who won \$23



Lug-a-Mug for Probus Meeting Coffee Time

Thank you Cheryl Livie for making the coffee today,  
and thank you, to Darrin Lawn for making the coffee for the April 17<sup>th</sup> meeting.

Sheila Klaassen we all hope your mother is feeling better soon.

OPEN MIKE:

Bob McNutt:



- Upcoming events:
  - o Next meeting is the Anniversary Luncheon – April 17, 2019
  - o Extravaganza is April 30<sup>th</sup>

Sue McQuillan



- Picnic: June 26<sup>th</sup>
  - o Alan & Elsie Cullum will be our hosts
  - o Would you like to do something different this time and if so, what would you like to do?
  - o I need some suggestions.

Judi Eakins: Social Committee



- Dinner Theatre with the Presqu'ile Club
  - o Fox on the Fair Way – May 6, 2019 - \$56 per person
  - o Signup sheets are on the front table.

Gord McArthur: Bowling



- Thank you Gord for organizing the Bowling again next season.

Have a Happy and Wonderful Rest of the Day.

## **APRIL 17, 2019 MEETING: PROBUS COLBOURNE CLUB**

Sheila Klaassen opened the meeting with the singing O'Canada.



Thank you, Mary Lee for leading us off.



Judi Eakins: Social Committee



- Dinner Theatre with the Presqui'le
  - o May 6, 2019 @ 5 pm
  - o "Fox on the Fairway"
  - o At the Best Western in Cobourg.
  - o Be sure to get there hungry.
- Capital Theater in Port Hope
  - o June 9, 2019
  - o "Guys & Dolls"
  - o Signup sheets are on the front table.
- Forth Line Theatre
  - o July and/or August
  - o 2 different shows
  - o Do you want to go?
  - o Signup sheets are on the front table.

Sue McQuillin: Picnic Co-Ordinator



- June 26, 2019 @ 10 am.
- Elsie & Alan Cullum are the hosts
- Coffee & Muffins will be available
- Pot Luck Lunch after the games
- **Do you want the same games as last year?**
- **If you would like to have different games, please give me some suggestions.**

Speaker:

- May 1, 2019 Speaker is from the Northumberland County Waste Dep't. We will be informed about the upcoming changes to the curb side collection starting in September.
- Please invite anyone who you think would be interested to attend.
- Bring any questions you may have.

10 Year Certificates are usually given out at the Anniversary Party.

- The receiver of this Certificate was unable to come today.



COLBORNE PROBUS CLUB ANNIVERSARY

Organized by  
Lynda Lerouz



Mary Lee & Audrey Shewan vs. Barry McQuillan & Paul Livie  
Diane Dycke as Score Keeper  
Answered "True or False" Questions from the Audience





Lynda also had many slips of paper with questions for us to discuss in Easter Eggs Baskets on each table. The person with the closest Birthday got to take the Easter Egg Basket Home.



A BIG THANK YOU goes out to  
Darrin Lawn for preparing such a wonderful meal.

Sheila Klassen, we are all very happy to hear that your mother is doing well now.



## Coming Events

Be sure to pick up the Watershed Magazine, you will find lots to do in there.



Theaters can be checked out at:

- [www.concerthallatvictorialhall.com](http://www.concerthallatvictorialhall.com)
- [www.northumberlandmusic.ca](http://www.northumberlandmusic.ca)
- [www.capitoltheatre.com](http://www.capitoltheatre.com) or call 905-885-1071
- [www.vintagefilmfestival.com](http://www.vintagefilmfestival.com) Port Hope
- [www.northumberlandfilm.ca](http://www.northumberlandfilm.ca) Cobourg

This is OUR Newsletter.  
If you want to put an announcement into OUR Newsletter  
Please send them to me  
At [mcnuttl@bell.net](mailto:mcnuttl@bell.net)  
Or call me @ 905-355-1200

May In Touch Deadline

- The first Wednesday after the last meeting of each month or as soon as possible.

Email address for 2018/19 editor is: [mcnuttl@bell.net](mailto:mcnuttl@bell.net)

Have you tried reading some of the older Newsletters yet?

Other Club's Newsletters?

You should give it a try....

<https://www.probusnorthumberland.ca/news/colborne-news>

**BE A FRIEND**

**BRING A FRIEND**



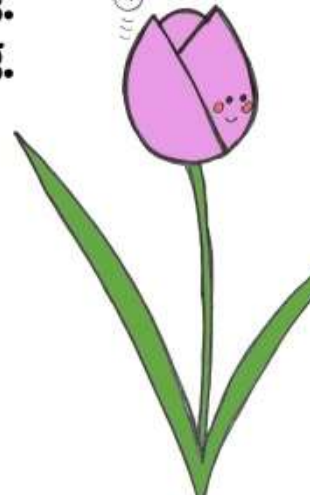
# Spring is Here!

sung to the tune of "Are You Sleeping?"

**Spring is here.  
Spring is here.  
Goodbye, snow.  
Flowers grow.**



**Birds and bees,  
leaves on trees.  
Hello, spring.  
Hello, spring.**





*Have a nice day!*